



# Life at UPPA

## The University Library: the B.U

Your teacher will explain how to find any works, CDs, DVDs that may interest you at the library. A visit can be organised if requested.

## Sporting Services: SUAPS

All students have access to activities offered by the Sporting Services of the University of Pau (SUAPS)

This service offers a range of activities, from swimming, basketball, football and rugby, to kayaking, golf, rock climbing and yoga, as well as dance, salsa and rock'n'roll classes.

« ***You must enrol with the service before taking part in any activity. Once enrolled, you may partake in any 3 activities per semester.***

For more information, enrolment or reservation for squash courts, etc., see the sports office in the Maison de l'Étudiant de Pau (MDE), open Monday to Friday from midday to 2pm.

There are two enrolment periods:

- \* September
- \* January

« ***Enrol ASAP because places are limited, and certain activities fill up very quickly.***

***A health certificate is not required, but it is advised that you have a health check-up before participating.***

- \* La Maison de l'Étudiant (MDE) regularly organises exhibitions.
- \* La Centrifugeuse organises shows and cultural demonstrations from September to June (theatre, concerts, dance, circus, etc.) See their programme for more details!

Each Thursday afternoon free events are organised on campus, aimed at sport and culture (film club, debates, etc.).

## University health centre: SUMMPS

A health centre is available to students on the university campus



Available services: doctor, dietician, psychologist.

All information regarding sport, cultural activities and Thursday afternoon events are emailed each week to student email addresses. Information regarding conferences to be held on campus can also be found in these emails.

🔔 ***It is therefore very important to*** [activate your student email address!](#)  
***(PDF - 133Ko)***